



NORTHERN THERAPY
SERVICES

Website: www.northerntherapy.ca
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Occupational Therapy Service For Children March 6-17, 2023 @ Gitwinksihlkw Health Center

What is Occupational Therapy?

Occupational Therapists work with families and teams to assist children in learning functional skills. OT's can assist with evaluating a child's strengths and difficulties in developmental areas and create plans and interventions that promote healthy development of skills. OT's help children to complete daily activities like eating, toileting, getting dressed, playing, handwriting, school and making friends.

Skills OT's Work On:

- Fine Motor Skills
- Handwriting Skills
- Sensory Processing
- Cognitive Skills
- Emotional Regulation
- Social Skills / Play Skills
- Self Care Skills
- Feeding / Picky Eating
- Toileting
- Medical Equipment Ordering
- Standardized Assessments

People OT's Work With:

- Autism
- ADHS
- Trauma
- Head Injuries
- Cerebral Palsy
- Genetic Conditions
- Learning Difficulties
- Developmental Coordination Disorder
- Anyone!



Carmen May
**Registered Occupational
Therapist**

Hi, my name is Carmen. I grew up in Fort St James and have a love for Northern BC. As an occupational therapist, I strive to support people on their personal goals by using a holistic lens. When I am not working, you can find me skiing or hiking to explore the outdoors.



Interested In Service?

Contact Shelley Wilson

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